

Room Makeover Journal

Room I'm Making Over: _____

Start Date: _____

Finish Date: _____

I, _____, commit myself to
transforming my space by the finish date!

Quiz Yourself

1. WHAT IS THE ROOM GOING TO BE USED FOR?

(TIP: Having a clear idea of the room's use makes it easier to get started!).

2. HOW DO I WANT TO FEEL IN THIS ROOM?

(TIP: If you want to feel relaxed, energetic bright orange is out. Choose colors that match how you want to feel in the room).

3. WHO WILL PRIMARILY USE THE ROOM?

(TIP: Consider their true style and the problems for which they will need solutions).

4. WHAT IS MY TRUE STYLE?

(TIP: Don't focus on trends. Stick with what will make YOU happy for years to come!).

5. WILL I NEED HELP OR CAN I DO IT MYSELF?

(TIP: If you need help, ask friends ASAP for help and tell them your timeline so they can plan accordingly).

6. WHAT'S MY TIMELINE TO FINISH THE ROOM?

(TIP: Always give yourself a timeline, such as 30 - 90 days. Without deadlines, we get distracted and never finish!)

7. WHAT PROBLEMS NEED SOLUTIONS?

(TIP: Think about the problems that leave you frustrated in the room. Find solutions. Google your problem and see what others did to tackle the same problem. Think outside the box and get creative!)

8. WHAT TOOLS AND MATERIALS DO I NEED?

(TIP: Borrow tools and materials from friends to keep costs down. Use the Ultimate Materials Checklist and buy everything at once, if you can afford to do that. Have everything ready to go so there are no excuses to stop you from completing your space.)

HOW MUCH WILL THIS ROOM MAKEOVER COST?

(TIP: Estimate everything! Don't forget paint, towels, screws, or even gas running back and forth to the store!)

For more inspiration, visit ThriftDiving.com.

Challenges

Every room makeover will have its challenges. Before starting, it's best to identify the challenges and possible solutions so that you can get your room makeover done by the due date you set.

Challenge #1

Solution #1

Challenge #2

Solution #2

Challenge #3

Solution #3

Challenge #4

Solution #4

Materials Needed

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Week 1

What I have to get done this week:

- _____
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Week 1 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 2

What I have to get done this week:

- _____
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Week 2 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 3

What I have to get done this week:

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Week 3 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 4

What I have to get done this week:

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Week 4 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 5

What I have to get done this week:

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Week 5 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 6

What I have to get done this week:

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Week 6 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 7

What I have to get done this week:

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Week 7 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Week 8

What I have to get done this week:

- _____
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Week 8 Reflection

Review your week for 15 minutes at the end of each week.

What did you get done this week?

What went well and what didn't?

What are you excited about for next week?

Before

Print out 1-2 "BEFORE" pictures of your space and paste it here.

After

Print out 1-2 "AFTER" pictures of your space and paste it here.

Congrats!

Finish Date: _____

Master Materials Checklist

Thrift Diving 30-Day Room Challenge Makeover

ThriftDiving.com

PAINT & WALLPAPER

- Latex paint samples 1 _____
- Latex paint samples 2 _____
- Latex paint samples 3 _____
- Latex Paint 1 -Size: _____ Finish: _____ Color: _____
- Latex Paint 2 -Size: _____ Finish: _____ Color: _____
- Latex Paint 3 -Size: _____ Finish: _____ Color: _____
- Brushes (Brand: _____ Size: _____ Quantity: _____)
- Fuzzy rollers _____
- Roller handles _____
- Paint tray _____
- Plastic to cover floor _____
- Paint cups _____
- Painters tape (Recommend: Frog Tape) _____
- Stencil _____
- Wallpaper _____
- Wallpaper steamer _____
- Wall scraper to remove wallpaper _____
- Joint compound for fixing walls after wallpaper removal _____
- Other paint _____
- Other paint _____
- Other paint _____

TIPS

- Use GLAD Press n' Seal to keep your brushes and rollers wet until you're ready to start again.
- Use old bowls and cups from the thrift store for working on small areas, like trim.

REUPHOLSTER

- Fabric -Yards: _____ Color/Pattern: _____ Store: _____
- Staple gun _____
- Furniture staples _____
- Batting or stuffing _____
- Buttons -Color: _____ Quantity _____ Store: _____
- Cording -Color: _____ Quantity _____ Store: _____
- Other reupholster _____
- Other reupholster _____
- Other reupholster _____

PILLOWS

- Fabric (Yards: _____ Color/Pattern: _____ Store: _____
- Pillow form _____
- Thread _____
- Buttons _____
- Heat n' Bond (for no-sew pillows) _____
- Other materials: _____
- Other materials _____
- Other materials _____

TIPS

- Use old pillows or find them at the thrift store.
- Find instructions on making “no-sew” pillows here: <http://www.thriftdiving.com/how-to-make-no-sew-pillows/>

WALLS

- Picture Frames -Number _____ Sizes _____ Color: _____
- Picture frame hooks _____
- Picture frame wire _____
- Decorative ceramic tiles _____

- Printed family or personal photos _____
- Other decorative wall art _____
- Other decorative wall art _____
- Other decorative wall art _____

TIPS

- Use pics for wall art that you have done yourself.
- Get an old canvas from the thrift store and paint over it.
- Try these easy DIY Wall Art Projects:
 - How to Create DIY Wall Art From a Thrifted Canvas
<http://www.thriftdiving.com/diy-wall-art-from-thrift-store/>
 - 10 Tips to Create Awesome DIY Floral Wall Art
<http://www.thriftdiving.com/10-tips-creating-floral-wall-art/>
 - Make Your Own DIY Rustic Wall Art
<http://www.thriftdiving.com/how-to-make-diy-rustic-wood-art-2/>

FLOORS

- Large rugs _____
- Medium rugs _____
- Small rugs _____
- Rug pads _____
- Wood flooring _____
- Ceramic floor tiles _____
- Laminate flooring _____
- Peel-and-stick tiles _____
- Floor adhesive _____
- Tile backer board _____
- DIY rug materials _____
- Other flooring materials _____
- Other flooring materials _____
- Other flooring materials _____

TIP

- Find smaller rugs and lay them side by side to create larger rugs for larger spaces.

WINDOWS

- Curtains (store-bought) _____
- Fabric for DIY curtains -Yards: _____ Color/Pattern: _____ Store: _____
- Curtain tie-backs _____
- Sheer curtains _____
- Trim for windows _____
- Blinds _____
- Shudders _____
- Curtain rod _____
- Curtain clips/hooks _____
- DIY window covering materials _____
- Other window materials _____
- Other window materials _____
- Other window materials _____

HOME IMPROVEMENT MATERIALS

- Sand paper _____
- Sand paper for orbital sander _____
- Caulk _____
- Liquid Nails _____
- Gorilla Glue _____
- Wood filler _____
- Box cutter _____
- Safety glasses _____
- Screws _____
- Nuts/bolts _____
- 2" finishing nails (for crown molding) _____

- Grout for tile _____
- Grout float _____
- Trowel _____
- Tile adhesive _____
- Other home improvement materials _____
- Other home improvement materials _____
- Other home improvement materials _____

CRAFT MATERIALS

- Furniture paint color #1 _____
- Furniture paint color #2 _____
- Furniture paint color #3 _____
- Furniture paint color #4 _____
- Minwax stain #1 _____
- Minwax stain #2 _____
- Gloves _____
- Duct tape _____
- Spray adhesive _____
- Rub n' Buff _____
- Mod Podge _____
- Buttons, ribbons, notions _____
- Old rags _____
- Stencils _____
- Foam brushes _____
- Non-sanded grout for making DIY chalk paint _____
- Handles or pulls _____
- Light switch covers _____
- Electrical outlet covers _____
- Vents/registers replacements _____
- Glass _____
- Glue gun _____
- Glue sticks _____
- Other materials _____

- Other materials _____
- Other materials _____

CLEANING MATERIALS

- Microfiber cleaning towels _____
- HomeRight Steam Machine for deep cleaning _____
- Simple Green _____
- Window cleaner _____
- Scrub brush _____
- Bleach _____
- Mop _____
- Broom _____
- Dust pan _____
- Trash bags _____
- Bucket _____
- Sponges _____
- Dust mop _____
- Vacuum _____
- Carpet/rug cleaner _____
- Carpet/rug cleaning shampoo _____
- Other cleaning _____
- Other cleaning _____
- Other cleaning _____

TOOLS

- Power drill with bits _____
- Drill Bits _____
- Jig saw _____
- Circular saw _____
- Miter saw _____
- 18-gauge brad nailer/nail gun _____

- Orbital sander _____
- Finishing nailer (for crown molding) _____
- Wet tile saw _____
- Sander _____
- Router _____
- Screw driver _____
- Wrench _____
- Hammer _____
- Measuring tape _____
- Ruler _____
- Earplugs _____
- Stud finder _____
- Clamps _____
- Tool belt _____
- Empire square _____
- Kreg Crown Pro (for easy crown molding) _____
- Kreg Jig (for making pocket holes when building)) _____
- Miter box with hand saw (for small miter cuts) _____
- Hole saw (for cutting round circular holes with power drill) _____
- Other tools _____
- Other tools _____
- Other tools _____

TIPS

- Empire squares are excellent for making easy 90 degree angles

WOOD & BUILDING MATERIALS

- PVC piping _____
- Pressure-treated wood _____
- Regular plywood _____
- Birch plywood (for furniture and craft building) _____

- Crown molding_____
- Trim_____
- MDF boards (for board & batten)_____
- Vinyl boards (for waterproof board & batten)_____

FIREPLACE

- Fireplace cleaner_____
- Paint for brick_____
- Fire box paint for inside_____
- Other décor item_____
- Other décor item_____
- Other décor item_____

TIP

- Get tips on how to paint your brick fireplace here:
<http://www.thriftdiving.com/tutorial-how-to-paint-an-old-brick-fireplace/>

LIGHTING

- Lamps_____
- Lamp shades _____
- Bulbs_____
- Lamp kit for DIY lamps_____
- Paint_____
- Chandelier_____
- Bathroom vanity lights_____
- Reading lamps_____
- Other lamp materials_____
- Other lamp materials_____
- Other lamp materials_____

TIP

- Watch this video on how to make a DIY pendant lamp: <http://bit.ly/pendant-lamp>

STORAGE & ORGANIZATION

- Baskets_____
- Paper organizers_____
- Toy organizer_____
- Plastic storage boxes_____
- Other storage_____
- Other storage_____
- Other storage_____

SHELVES & BOOKCASES

- Wood/shelves_____
- Brackets_____
- Screws_____
- Anchors_____
- Other shelving_____
- Other shelving_____
- Other shelving_____

LIVING ROOM

- Sofa_____
- Loveseat_____
- Oversized Lounge Chair_____
- Ottoman_____
- Coffee Table_____
- End Tables_____
- Sofa table_____
- Other living room_____
- Other living room_____
- Other living room_____

DINING ROOM

- Dining table_____
- Hutch_____
- Buffet/Sideboard_____
- Table runners_____
- Table cloth_____
- Place mats_____
- Centerpiece_____
- Dishes_____
- Other dining room_____
- Other dining room_____
- Other dining room_____

KITCHEN

- Cabinets_____
- Knobs/handles_____
- Fridge_____
- Stove_____
- Dish washer_____
- Island_____
- Counter tops_____
- Trash_____
- Other kitchen_____
- Other kitchen_____
- Other kitchen_____
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BATHROOM

- Towels_____
- Washcloths_____

- Bathroom rugs_____
- Toothbrush holder & accessories_____
- Towel rack_____
- Toilet paper holder_____
- Trash can_____
- Tub/shower_____
- Tub/shower accessories_____
- Sink_____
- Vanity_____
- Other bathroom_____
- Other bathroom_____
- Other bathroom_____

LAUNDRY

- Washer_____
- Dryer_____
- Folding table_____
- Laundry sink_____
- Laundry cabinets_____
- Laundry baskets_____
- Other laundry_____
- Other laundry_____
- Other laundry_____

BEDROOM

- Headboard_____
- Mattress_____
- Sheets_____
- Blankets/quilts_____
- Night stands_____
- Dresser_____
- Ottoman/bench_____

- Vanity _____
- Other bedroom _____
- Other bedroom _____
- Other bedroom _____

CLOSETS

- Hangers _____
- Shelving _____
- Clothing storage _____
- Shoe racks _____
- Other closet _____
- Other closet _____
- Other closet _____

OFFICE

- Desk _____
- Office Chair _____
- Bookcase _____
- File cabinet _____
- Other office _____
- Other office _____
- Other office _____

FOYER

- Entry table _____
- Coat rack _____
- Shoe rack _____
- Hangers for closet _____
- Other foyer _____
- Other foyer _____
- Other foyer _____